



Follow-up to the information presented on the Triad audio CD set.

As always seems to happen, just as I complete a presentation on some topic, and after gathering volumes of supporting evidence, some brand-new research emerges that I would have loved to include in my previous presentation. It never fails; and it has happened again. What was it this time? Well, what bacterial disease sends more shivers into the human psyche than any other? Hint: *Y. pestis*. Yes, humanity's old friend, The Black Death — Bubonic Plague. The destroyer who killed nearly 90% of infected victims and reduced whole societies to remnants. And what have they just found out about the Plague? High temperature and Low Cell Calcium is the trigger for susceptibility to *Y. pestis*!! "*Y. pestis* flourished at the high-temperature, low-calcium growth conditions found inside mammalian cells." Just as Dr. Lee said on many occasions and I have organized and presented in the Triad. — Mark Anderson

Additional copies of the Triad CD set are available at www.seleneriverpress.com. \$30.

New and revealing portrait of *Yersinia Pestis* emerges

News-Medical in Disease/Infection News
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***Yersinia pestis*, the causative agent of the "Black Death" or "Bubonic" plague, has been a scourge of human civilization. One of the most virulent bacterial pathogens known, killing nearly 90% of those infected, *Y. pestis* was responsible for three historic pandemics that shattered whole societies. And plague is still with us. In Madagascar, a naturally antibiotic-resistant strain of plague erupted in the 1990s. In western North America, *Y. pestis* lurks in wild rodent populations. Throughout the world, there is new fear of *Y. pestis* as a bioterror agent.**

Now a new and revealing portrait of this old nemesis is emerging from Lawrence Livermore National Laboratory. Scientists using advanced robotic high-throughput technologies have completed what is believed to be one of the most comprehensive and rapid studies ever of how growth conditions affect the virulence of a deadly bacterium. Ann E. Holtz who works in the laboratory of Sandra McCutchen-Maloney used a battery of phenotype array machines, pre-loaded 96-well plates, and robotic observers to chart the effects of 2,000 nutrients and chemicals, including about 240 different antibiotics, on the viability of *Y. pestis* under four separate, physiologically relevant growth conditions. Traditional studies of pathogens examined one to two dozen parameters under one or two growth conditions. In contrast the new technologies allowed Livermore researchers, in effect, to conduct 8,000 experiments in about a week.

The picture drawn by Holtz from her high-throughput data shows *Y. pestis* to be even tougher than suspected under conditions that mimic its life outside the human host, and possibly less vulnerable under human infection conditions to antibiotics currently used to treat plague, such as kanamycin,

doxycycline and tetracycline. The researchers caution that these results are preliminary and will require further tests.

High (e.g., human body) temperatures and low calcium levels were known to trigger the virulence of *Y. pestis*. However an evolutionary challenge for the deadly bacterium is to survive in the hostile biological “climate” of its carrier host, the flea, until it can be transmitted through a fleabite to one of its favorite reproductive hosts, *Homo sapiens*. Even in the human bloodstream, the bacterium curbs its virulence until it can interact with a target cell where conditions are right to finally unleash its killing powers. Holtz used four conditions as models that mimic the biological conditions when *Y. pestis* is: (1) located in the flea (low temperature [26° C], high calcium); (2) located in the human bloodstream (high temperature [37° C], high calcium); and (3) interacting with a human cell (high temperature [37° C], low calcium). The fourth condition, low temperature [26° C] and low calcium, was included as a control for full comparison. To see how *Y. pestis* fared in each condition, microarray wells pre-loaded with each of 2,000 different chemicals were infected with the bacterium and incubated with a marker dye to measure growth. Each well was monitored every 15 minutes for three days by an “Omnilog” robot.

As expected, *Y. pestis* flourished at the high-temperature, low-calcium growth conditions found inside mammalian cells. The bacterium also had increased resistance to antibiotics in flea-like conditions (low-temperature, high-calcium). Strikingly, at these lower temperatures, the bacterium also resisted many osmotic stressors—salt, phosphates, and urea—that killed it at higher temperatures.

We’ve always known that the plague-causing bacterium is a formidable enemy, say the Livermore researchers. This new high-throughput format now allows us to study it and other bacterial pathogens in greater depth, under wider conditions and with more speed than ever before. These are encouraging findings, and will help researchers rapidly screen for optimal ways to kill pathogens under human infection conditions.

Excerpt from Lectures of Dr. Royal Lee, Volume I

PRIMARY CAUSES OF DISEASE

Dr. Royal Lee

Address delivered before the Florida Naturopathic Physicians Association
Miami Beach, Florida, June 8-10, 1944.

“If both insect parasites as well as bacterial invasion are mainly a consequence of malnutrition, by reason of a loss of the power of the body to repel these instruments of possible death, what a Pandora’s box was opened when we began to meddle with our natural foods! Sleeping sickness, typhus, malaria, bubonic plague, and yellow fever are in that class of diseases in which the bacterial infection is very probably the secondary cause of disease, the primary cause being lowered resistance of the human body to the lice, fleas, or mosquitoes that carry the infectious organisms, as well as lowered resistance to the organisms themselves.

If this resistance depends upon a high vitamin and mineral diet, it is obvious that outbreaks of the above list of fearful diseases is definitely made possible by malnutrition.”